



# Code of Conduct

## at The Vault

(v2 August 2023)



Affiliated with  
Southern Region & Oxfordshire  
Gymnastics Gymnastics



Fun Active  
Modern Inclusive  
Life-developing You



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## **Statement from the Vault**

### **All members within the Vault are entitled to:**

- be safe and to feel safe.
- be happy, have fun and experience a sense of enjoyment and fulfillment.
- be treated with respect and dignity.
- comment and make suggestions in a constructive manner.
- be afforded appropriate confidentiality.
- make a complaint appropriately and be listened to.
- be believed.
- get help against bullies.
- say NO.
- protect their own bodies.

**Your place within Carterton Gymnastic Club is dependent upon your ability to follow these basic but important rules.**

### **Code of Conduct for Parents and Guardians:**

- encourage your child to learn the rules and participate within them.
- ensure that your child attends on time and always collect your child promptly at the end of a session. If delayed for any reason, please contact us.
- ensure that your child is appropriately dressed for the activity following our dress code, including hair to be tidy and not able to reach their face
- ensure we have the appropriate up to date contact details
- keep the club informed if your child is ill or unable to attend sessions.
- update the medical records with any ongoing medical issues
- use correct and proper language at all times.
- please share any complaints, concerns or queries about any aspect of the club with the Managing Director and not the individual coaches.
- support your child's involvement and help them to enjoy their sport.

### **Code of Conduct for Participants:**

- respect the rights, dignity and worth of all participants, staff and volunteers regardless of their gender, ability or cultural background.
- always participate by the rules. Cheating is not tolerated.
- do not use abusive language or behavior.
- do not shout at or argue with a member of staff.
- do not spread rumors or tell lies about others.
- do not bully or use bullying tactics to isolate or upset another person.
- do not take banned substances.
- always show respect for and do not harm others and their property.
- mobile telephones are not to be used in the gym unless you have permission from the Head Coach

## **Code of Conduct for Coaches, Staff, Judges, Officials and Volunteers:**

- consider the well-being and safety of participants before the development of performance.
- respect the rights, dignity and worth of all participants, staff and volunteers regardless of their gender, ability or cultural background.
- develop an appropriate working relationship based on mutual trust and respect.
- hold the appropriate valid qualifications and insurance cover.
- make sure that all activities are appropriate to the age, ability and experience of those taking part and ensure that all participants are suitably prepared physically and mentally when learning new skills.
- display consistently high standards of behavior and appearance, dressing suitably, removing jewelry and not using inappropriate language whilst involved with activities.
- never consume alcohol immediately before or during training or events.
- obtain prior agreement from the parent/guardian of performers before transporting them anywhere.
- never exert overdue influence over performers to obtain personal benefit or reward.
- always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the British Gymnastics Child Protection procedures.
- never condone rule violations or use of prohibited substances.
- make sure that confidential information is not divulged unless with the express approval of the individual concerned.
- promote the positive aspects of the sport (e.g. fair play).
- encourage performers to value their performances and not just results.
- follow all guidelines laid down by Carterton Gymnastic Club CIC, British Gymnastics and The Vault.
- do not use mobile telephones at any time during a coaching session, unless you have permission from the Head Coach.

## **Code of Conduct for Squad Parents/Guardians:**

- ensure participants are punctual for their training sessions.
- contact the office/coach at your earliest convenience to let us know if participants are going to be late.
- let us know in advance of their session if they are unable to attend.
- do NOT interact with participants during their sessions/competitions be it verbally or through gestures. This has proven to be disruptive/dangerous to their training/competition.
- do NOT enter the gym unless invited to do so by their coach or a member of management. This includes opening the main gym door.
- avoid criticizing the knowledge, ability or performance of participants or coaches. There are accepted methods of expressing disapproval, which should be followed.
- if unhappy with any aspect of the running of the club or with the performance or behavior of participants or coaches please express this in one of the following ways:
  - by contacting the Managing Director
  - by contacting the Welfare Officer
- show appreciation and respect for the coaches, officials, volunteers and other parents.
- do NOT air your concerns in an open forum. Airing your grievances with other parents or on social media serves little constructive purpose. It places others in uncomfortable positions, sets a poor example for your child and affects the family atmosphere of the Vault.
- be professional – you are also a representative of your Club, so when you go to an event/competition remember you are a guest. Don't talk about other teams or participants and NEVER approach an official. If you have a concern, discuss it with your child's coach and they will deal with it as they see fit.
- set a good example by recognizing good sportsmanship and applauding the good performance of ALL, including your child's own team mates.
- re-enforce the rules of the gym and encourage your child to follow them. The rules are there to help your club run safely and smoothly for all participants.

## **Code of Conduct for Competition Participants:**

- participate fairly, do your best and enjoy yourselves.
- represent yourselves, your family and club with pride and dignity.
- greet your team and coaches before and after training sessions and events/competitions irrespective of the result or performance.
- thank your coaches for their hard work and support after a competition. Without them, you wouldn't be there
- respect officials and accept their decisions gracefully.
- respect fellow team members giving them support whether they do well or not so well.
- respect opponents and be modest in victory and gracious in defeat.
- improve and develop your skills.
- set high standards of fair play for others to follow.
- adhere to proper standards of behavior that avoid bringing the club into disrepute.
- let the coach know when you are unavailable for training and competition.
- approach your coach or the Welfare Officer with any concerns or questions you may have.